

$$i = \frac{\omega_m}{\omega_s} = (-1)^n \frac{\prod z_{menées}}{\prod z_{menantes}} = (-1)^n \frac{z_{r1} \cdot z_{r2}}{z_{p1} \cdot z_{p2}}$$

$$i = (-1)^2 \frac{53 \times 35}{1 \times 10} = 185,5$$